Water of Life Community Church
LIFE OF A JESUS FOLLOWER
SESSION EIGHT: UNBURDENED

MARK 1:35; LUKE 4:16; 19:10; HEBREWS 10:24-25; ACTS 1:8

ICE BREAKER

OPEN IN PRAYER

WORSHIP

INTRODUCTION

As Jesus followers, the desire of our hearts should be to look like Jesus. In this last week of our study, we're going to see how the rhythms of our lives can intentionally mirror the rhythms of Jesus' life. When we give time to ABIDE in Christ personally and daily, CONNECT in large group and small groups, and SHARE locally and globally, the life of Jesus will begin to pour out of us as He begins to live in and through us. Investing in the three relationships that matter to Jesus allows us to follow Jesus with an unburdened heart.

DISCUSSION QUESTIONS

1. WATCH THE VIDEO, "SESSION 8: UNBURDENED.

2. READ MARK 1:35.

a. There's no substitute for time spent alone with God. If you've developed a regular Bible study habit, share what your time with God looks like. How has it grown your relationship with Jesus?

b. How does spending regular time alone with God impact our relationships with other people? Give a few examples.

3. READ LUKE 4:16 AND HEBREWS 10:24-25.

a. Why is it essential that we gather together with other believers? What do you gain from this time each week?

b. What does spending time in a discipleship group like this one give us things we can't get elsewhere?

4. READ LUKE 19:10 AND ACTS 1:8.

a. How do we see the mission of the Father in the life of Jesus?

b. Where are some key partnerships we can serve with locally? What would it look like for us to serve together as a group? Where might God be leading you to serve globally?

Four ways to invest our time: God Time—time spent daily alone in fellowship with God. Gather Time—time spent weekly gathering in worship with your church. Group Time—time spent consistently in community with a small group from your church. Go Time—time spent annually going on mission with God cross-culturally.

You start investing in the relationships Jesus walked in by embracing the 5 Percent Life: One percent of your day invested in God Time. That means 15 minutes of enjoying fellowship with God through His Word and prayer. One percent of your week invested in Gather Time. That means about an hour and a half spent in worship gathered together with your church. One percent of your month invested in Group Time. That means about seven hours each month spent in community with people you care about and who care about you. That's seven hours of doing life together. Two percent of your year invested in Go Time. That means approximately seven days each year where you intentionally share in God's mission through serving opportunities, going on trips, and leveraging your jobs, skills, and passions locally and/or globally.

Remember the 5 Percent Life is simply a starting point. It's not the target. The target is to faithfully follow Jesus as defined by the three relationships we've identified with God, one another, and the world.

PRAYER/MINISTRY TIME

GOING DEEPER

Subscribe to our e-devotionals by texting "edevotional" to 67076; or go to wolgroups.com and click on the eDevotional button for daily testimonies.

MEMORY VERSE

Luke 19:10 Christian Standard Bible (CSB)

"For the Son of Man has come to seek and to save the lost."

NOTES