



FIRST THINGS FIRST

WEEK 2: MAKING ROOM FOR WHAT MATTERS

THIS WEEK'S FOCUS

Contentment and Simplicity

Jesus forms the way we consume, prioritize, and make room for what matters.

SERMON REWIND

This week continues our **First Things First** series by looking at how consumption quietly forms us.

We can spend without thinking, upgrade without needing, accumulate without noticing, and build lives so full that there is little room left for obedience, generosity, or purpose. The problem is not that we own things or enjoy things. The problem is when what we own begins to own us- our attention, our money, our peace, and our obedience.

Paul reminds us in 1 Timothy 6 that godliness with contentment is great gain. Contentment is not about having nothing. It is about learning to live with Jesus as our source, instead of constantly chasing more.

This week is about making room. Not minimalism as a trend, but simplicity as discipleship. If everything God gives us is consumed by us, there will be little left to steward.

Jesus is inviting us to own less, love more, and make room for what matters.

KEY VERSES

1 Timothy 6:6-19 (NIV)

Additional Verse: Luke 12:15 (NIV)

DISCUSSION QUESTIONS

1

Formed by More

Consumption can quietly shape our values, desires, habits, and priorities.

- a. What are some ways our culture encourages us to always want more?
- b. How can "more" become spiritually dangerous, even when the things are not bad?

2

When What We Own Owns Us

The issue is not having things. The issue is when our things begin to have us.

- a. How can possessions, upgrades, or financial pressure begin to affect our peace and obedience?
- b. What are some signs that something we own may be owning too much of us?

3

Godliness with Contentment

Paul says godliness with contentment is great gain.

- a. What does contentment look like in real life?
- b. Why do you think contentment is so difficult to practice?

4

Making Room

Simplicity is not just about removing clutter. It is about creating space for obedience, generosity, and purpose.

- a. What are some things that can crowd out spiritual margin in our lives?
- b. What might you need to make room for in this season?

5

Own Less, Love More

Jesus invites us to live with open hands so we can love and steward well.

- a. How could consuming less help us love people more?
- b. What is one practical step you can take this week to make room for what matters?

DIVE DEEPER

Reflection Questions: Consumption often feels normal until we slow down enough to ask what it is forming in us.

- Where do you feel most tempted to consume without thinking?
- What is one place in your life where clutter, debt, busyness, or discontentment may be crowding out obedience or generosity?

PRACTICAL APPLICATION

This week, practice making room by:

- Pause before one purchase and ask, "Do I need this, or am I being formed by more?"
- Choose one small area to simplify, declutter, or reorder.
- Look for one way to use your time, attention, or resources to bless someone else.

Ask the Holy Spirit to help you live with contentment and make room for what matters most.

CLOSING SCRIPTURE

1 Timothy 6:6-7 (NIV)

Let the group close by remembering that contentment is not found in consumerism, but in trusting Jesus with what we have.