



WEEK 5: HEALING

Teaching and releasing people for the purpose of ministry and health

SERMON REWIND

This week focuses on **Formation** through the value of **Healing**. Healing is central to the ministry of Jesus and to the formation of His people.

From the beginning, sin and shame have caused people to hide from God, from themselves, and from one another. But God does not leave His people hiding. He comes looking for us. He meets us with mercy, truth, grace, and restoration.

At WOL, healing has never been about pretending people are not broken. It is about believing Jesus meets us in our sin, shame, wounds, grief, bondage, and pain. He brings what is hidden into the light, not to condemn us, but to restore us.

Healing is not just a ministry or department. It is part of how we learn to live as sons and daughters of our Heavenly Father.

We are WOL when we become a community where people do not have to hide. Instead, we bring our shame, wounds, and brokenness into the light of Jesus and trust Him to meet us with mercy, healing, and restoration.

KEY VERSES

Genesis 3:8-10 (NIV)

Look up these additional verses:

2 Corinthians 1:3-4 (NIV); James 5:16 (NIV); Luke 4:18-19 (NIV); Isaiah 61 (NIV)

DISCUSSION QUESTIONS

1 When We Hide

From the beginning, shame has caused people to hide from God, themselves, and others.

- a. Why do you think shame often makes people want to hide?
- b. What is the difference between hiding from God and bringing our real selves to Him?

2 God Comes Looking

In Genesis 3, God comes looking for Adam and Eve even after they sinned.

- a. What does this show us about the heart of God?
- b. How does it encourage you to know that God moves toward us even when we feel broken or ashamed?

3 Healing in Community

James 5 reminds us that confession, prayer, and community are part of God's healing work.

- a. Why can it be difficult to let trusted people know where we need healing?
- b. How can a healthy spiritual community help people experience freedom and restoration?

4 Comforted to Comfort Others

God does not waste our pain. He often uses the comfort we have received to help us comfort others.

- a. Where have you experienced God's comfort, help, or healing in your life?
- b. How might God use your story to encourage someone else?

A Healing People

Healing is not just something we receive. It becomes part of the culture we carry out, but in God's promises.

- a. What would it look like for our group or church to be a safe place for honesty, prayer, and restoration?
- b. What is one step you can take this week to bring something into the light of Jesus?

DIVE DEEPER

Reflection Questions: Healing begins when we stop hiding and allow Jesus to meet us with truth, mercy, and grace.

- Where have you been tempted to hide pain, shame, fear, or brokenness?
- What might Jesus be inviting you to bring into His light this week?

PRACTICAL APPLICATION

This Week Practicing Formation By:

- Spend time honestly naming to God where you need His healing.
- Ask a trusted believer to pray with you about one area of your life.
- Look for one way to offer comfort, encouragement, or prayer to someone else.

Ask the Holy Spirit to help you live as someone who brings brokenness into the light of Jesus and helps others experience His mercy, freedom, and restoration.

PRAYER/MINISTRY TIME

CLOSING SCRIPTURE

2 Corinthians 1:3-4 (NIV), *Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.*

Let the group close by remembering that God is the Father of compassion and the God of all comfort. The comfort He gives us is not meant to stop with us. He heals us and forms us into people who can bring His comfort to others.

WHERE DID GOD SHOW UP?

PRAYER:

NOTES:
