



FOLLOW ME

WEEK 1: COME FOLLOW ME

ICE BREAKER

WORSHIP

PRAYER

SERMON REWIND

Jesus' invitation to "Come, follow Me" wasn't to have a cultural label or a life-hack to a good life, but it is geared to come to know Jesus so deeply, you begin to look like Him. Jesus calls us to lay our life down so that we can find it. In the midst of a world that is moving so quickly and seeks our attention, Jesus wants us to lean on Him and find life by living His way..

KEY VERSES

Look up theses additional verses:

Matthew 11:25-30 (NIV)

John 6:60-71 (NIV)

John 10:8-15 (NIV)

DISCUSSION QUESTIONS

1

"Come, Follow Me"

In Scripture, we read Jesus calling people to "Come, follow Me" from their responsibilities to become His disciple.

- a. To a 1st century Jewish man, this was cultural and meaningful, but for us, this is not usual. Where do you feel Jesus is telling you to "Come, follow Me?"
- b. What are some reasons that might hold us back from laying ourselves down and following Him in each part of our life?

2

Jesus' Pace

The world seems like it's always moving, so we feel the pressure of needing to keep up, but Jesus doesn't move at the world's pace.

- a. What are some ways you've felt the pressure to move at the world's speed?
- b. How can you begin to slow down and make time for what is important (family, friends, spending time with Jesus, etc.)?

3

Becoming Like Him

Being Jesus' disciple means knowing Him so deeply, we become so acquainted with His character, we begin to look more like Him.

- a. What time in your life had you experienced Jesus most clearly, it encouraged you to live differently?
- b. What habits could we adopt that would place us so closely to Jesus, we begin or continue to live in new life?

4

Having Jesus' Heart

We all grow up shaped by our culture's beliefs and values, but as disciples of Jesus we have to be open to let our values align with His.

- a. Where do you feel tension between the values you grew up with and Jesus' way, and how might He reshape those values of your life?

- b.** What values does Jesus have that you'd need to adopt?
How might you begin to live out those values?
(Ex: value = reconciliation → living it out = pursuing unity)

5

Following the Good Shepherd

The world promises a lot that seems attractive, yet Jesus wants to be our good shepherd, knowing His way is life-giving.

- a.** What is currently a distraction in the world, often catching your attention?
- b.** How can we, as individuals and a community, keep ourselves and relationships grounded in Jesus?

DIVE DEEPER

Personal Reflection: Becoming Jesus' disciple can feel so far from us because of our mistakes, but Jesus knows your life and still chooses invites you.

- What mistakes have made you feel you are unworthy to be His disciple?
- What was the lie you believed from this mistake and how can you begin to accept God's truth?

PRACTICAL APPLICATION

Becoming His—Each day this week, write down:

- One lie or label that you've believed about yourself.
- One truth God says about you (from Scripture or prayer).

Ask the Holy Spirit to help you begin to replace old identity wounds with God's loving truth.

PRAYER/MINISTRY TIME

CLOSING SCRIPTURE

Romans 8:38-39 (NIV), "For I am convinced that neither death, nor life, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing will be able to separate us from the love of God that in Christ Jesus our Lord."

Let the group rest in that promise as you close together in prayer.

NOTES

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