

FOLLOW ME PART 1
“COME FOLLOW ME”
SCRIPTURE: MARK 1:16-20; JOHN 6:66-69;
MATTHEW 11:28-30; JOHN 10:7-11
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OCTOBER 11-12, 2025

INTRODUCTION

- What do we do when we find ourselves less than fulfilled? What do we turn to, what do we lean toward?

I. FOLLOW ME

- Mark 1:16-20, “One day as Jesus was walking along the shore of the Sea of Galilee, He saw Simon and his brother Andrew ...¹⁷ Jesus called out to them, “Come, follow Me, and I will show you how to fish for people!” ¹⁸ And they left their nets at once and followed Him. ¹⁹ A little farther up the shore Jesus saw...James and John...and they also followed Him...”
- From the beginning it has always been about transformation.
- Whatever has our attention will determine our direction.
- We are called to be formed by the Spirit of Jesus.

II. FOLLOWING HIM

- Following Jesus is to adopt His way of life.
- Be with Jesus.
- John 10:7-11, “...I came that they may have life and have it abundantly. ¹¹ I am the good shepherd. The good shepherd lays down His life for the sheep.”
- The invitation to follow Jesus, and the act of being with Him, becoming like Him, and doing what He did should radically disrupt our lives.

III. BECOME LIKE JESUS

- Disciples copied what Jesus did, they mimicked Him.
- This was the expectation of someone apprenticing to a Rabbi.

- Being with Jesus is less about checking off tasks or doing religious acts, and more about orienting our hearts, our attention, and our inner lives toward Him.
- Matthew 11:28-30, Then Jesus said, “Come to Me, all of you who are weary and carry heavy burdens, and I will give you rest. ²⁹ Take My yoke upon you. Let Me teach you...and you will find rest for your souls. ³⁰ For My yoke is easy to bear, and the burden I give you is light.”
- Spiritual Practices = Spiritual Training
- Sabbath, prayer, fasting, solitude, Scripture, community, generosity, service, and witness.
- Spiritual Practices are not rules to earn God’s love, but rhythms that open space for His love to change us.
- Who/what we are ‘with’ will determine how we are shaped.

IV. DO WHAT JESUS DID

- Luke 4:18-19, “The Spirit of the Lord is on Me, because He has anointed Me to proclaim good news to the poor. He has sent Me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, ¹⁹ to proclaim the year of the Lord’s favor.”
- Mark 1:23-27; 38-39, “... ³⁹ So He traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.”
- Doing what Jesus did means we are called daily to:
 - Surrender – “Your will, not mine.”
 - Receive – Let the Spirit breathe life in.
 - Give – Sharing what you’ve received.

CLOSE

- The people that walked with Jesus came to this conclusion early in their journey with Him; He had what they needed.
- John 6:66-69, “...⁶⁸ Simon Peter replied, “Lord, to whom would we go? You have the words that give eternal life. ⁶⁹ We believe, and we know You are the Holy One of God.”