



WEEK 3: WHY COMMITMENT COUNTS

ICE BREAKER

WORSHIP

PRAYER

SERMON REWIND

We explored the significance of commitment, promises, and covenant in marriage, emphasizing biblical teachings on love and relationships. Pastor cautions against the trend of cohabitation and highlights the benefits of a committed marriage based on mutual giving and fulfillment. He underlines the importance of promises in building stability and healthy relationships, citing Scripture and research findings. The sermon underscores the action of love over feelings and emphasizes the lifelong journey of knowing, loving, and growing with one's spouse in marriage.

KEY VERSES

Look up these additional verses:

Hebrews 13:4

Ephesians 5:31-33

Genesis 2:24

Malachi 2:14

DISCUSSION QUESTIONS

1

In the sermon, Pastor mentioned **Hebrews 13:4** which instructs believers to honor marriage and remain faithful to one another.

- a. How does **Hebrews 13:4** emphasize the importance of commitment in a marriage?
- b. How can you integrate the teachings of **Hebrews 13:4** into your own relationships or future marriage?

2

Pastor emphasized the strength of keeping promises, explaining how they can create stability and nurture healthy relationships, unlike relying solely on emotions, which can be unpredictable.

- a. How does the concept of promising control the unpredictable nature of relationships, as mentioned in the sermon?
- b. How can making promises and commitments in your relationships help you create a stable and nurturing environment for personal growth?

3

The biblical perspective on commitment was highlighted, emphasizing the importance of mutual giving in marriage, making it the most significant relationship in one's life.

- a. Why is it important to prioritize the marriage relationship over other relationships?
- b. In what ways can you prioritize and nurture your marriage (or future marriage) to ensure its lasting success and happiness?

4

It was explained that marriage reveals parts of oneself and one's spouse that were previously unknown, allowing for growth, repentance, forgiveness, and restoration.

- a. How does the journey of self-discovery in marriage lead to personal growth and a stronger bond between spouses?
- b. How can you apply this concept of self-discovery and growth to your current or future marriage?

Pastor references **Ephesians 5:28-33** and highlights that strong relationships are built through actions of love rather than relying solely on the presence of strong feelings.

- a. Why is it important to focus on actions of love over feelings of love, as emphasized in **Ephesians 5:28-33**?
- b. Can you think of examples or personal experiences where putting love into action made a significant difference in a relationship?

DIVE DEEPER

Personal Reflection: Take a deep breath and read...

Regardless of your marital status, Pastor talked about three paths to a long and successful marriage.

1. Regarding personal change, have you really done a self-assessment as to what baggage you are carrying in your single life or marriage? Have you just been brushing off those consistent complaints by your friends or spouse as "that's just the way I am?"
2. What steps have you taken to actively learn new tools for better communication and understanding with your spouse or others? Have you attended a class, read books, or sought counseling? Simply recognizing the need for change is not the same as taking action to make those changes.
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PRAYER/MINISTRY TIME

- Pray for God's guidance in showing love as an action, not just a feeling.
- Seek strength in commitment and sacrifice as foundational to fulfilling relationships.
- Ask for God's protection and emotional health in marriages.