



WEEK 2: STAYING IN WHEN WE WANT OUT

ICE BREAKER

WORSHIP

PRAYER

SERMON REWIND

In the sermon, Pastor explores challenges in marriages and offers guidance. He highlights the need to address common issues like communication breakdown and neglecting intimacy. Pastor emphasizes the biblical principles of love and respect as pillars of a thriving marriage. He encourages proactive investment in relationships to strengthen bonds and navigate conflicts wisely.

KEY VERSES

Look up theses additional verses:

Hebrews 13:4

Ephesians 5:28

Ephesians 5:33

1 Peter 3:7

DISCUSSION QUESTIONS

1

Love and respect are essential aspects of a marriage and their absence can lead to issues and even divorce.

- a. What are the potential consequences of lacking love and respect in a marriage?
- b. How can someone actively demonstrate love and respect for their spouse in ways that strengthen their marriage?

2

The pastor discussed how these verses emphasize the importance of love and respect in a marriage, with husbands loving their wives as their own bodies, and wives respecting their husbands.

- a. How do the teachings of **Ephesians 5:28, 31**, and **33** apply to modern marriages?
- b. What specific actions can those who are married take to align their marriages with these biblical teachings?

3

Men often crave respect more than love, while women desire love and approval.

- a. Why do you think men and women have different primary emotional needs in a marriage relationship?
- b. How can a married couple better understand and meet their spouse's primary emotional needs.

4

The pastor encouraged couples to approach disagreements in a healthy manner, maintaining respect and consideration for one another, instead of avoiding conflict or shutting down.

- a. What are some effective communication strategies for resolving conflicts in a marriage?
- b. How can these strategies be implemented when addressing disagreements with a spouse.

5

Pastor advised couples to nurture and cherish their relationship and not wait until a crisis arises to work on the marriage.

- a. In what ways can one proactively invest in their marriage to prevent major issues from arising?

- b.** What steps can a married couple take to prioritize their marriage and ensure its longevity and fulfillment?

DIVE DEEPER

Personal Reflection: Take a deep breath and read...

Marriage is an act of honoring one another. When we honor one another, we honor God.

- 1.** If you are married, are you able to identify two issues that have prevent you from honoring your marriage? What specifically will you do to turn that around to enable you to honor your marriage?
- 2.** What specific action will you take to put God at the forefront of your marriage or future marriage?

PRAYER/MINISTRY TIME

- Pray for wisdom and skills to handle marital/relationship conflicts positively.
- Ask God to help us show unconditional love and respect to our spouses or how to be prepared to show love to your future spouse.
- Pray for strength to communicate respectfully and avoid harmful behaviors like criticism and contempt in our relationships.

NOTES
