

HEARTSICK PART IV
“FEAR”
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FEBRUARY 19-20, 2022

INTRODUCTION

- Focusing on emotions that can kill us, and kill our walk with God.
- We all have emotions, and they are typically good for us.
- There are emotions that can be toxic: guilt, envy/jealousy, anger.
- The one that plays into all of them: Fear.
- There are good fears that keep us from endangering ourselves, but others that can become a cycle.
- Fear is meant to be an emotion that we feel.
- Not a reality that we live in.
- As Christians we aren't meant to live in constant fear of anything.
- We follow a risen Savior, a resurrected King!

I. FEAR = CONTROL

- Ultimately what fear comes down to is control.
- We want to be in control of:
 - Our protection (safety, security)
 - Our provision (state of living)
 - Our purpose (what we do)
- When we yield our lives to Jesus, we are choosing to identify in Him.
- He's not just Savior, but Lord.
- We are giving up control of these things to Him.
- Protection and provision are His responsibility.

- Mark 4:35-41
- Two terms for fear in this passage...one used by Jesus, the other to describe how the disciples viewed Jesus:
 - Deiloi - timid, fearful, faithless
 - Phobos - fear, reverence, terror
- Jesus was consistently trying to teach that there is nothing in this world that should cause us to live in fear.

II. THE RESURRECTION

- After the resurrection, the Apostles became the most fearless people in their time.
- When they realized that Jesus had defeated death, they became different people.
- Now they really had something to be afraid of, they feared God more.
- They changed the world because they “feared not”.

CLOSE

- We claim the name of Jesus, but don't live in Kingdom authority He's given by resurrection.
- Our fears play more of a role in our lives than the resurrection of Jesus.
- Where is fear playing too much of a role in your life?
- What could your life look like if you lived in the reality of the resurrection? With Kingdom authority? Not needing to fear anything?
- Where can God bring you freedom today?
- Your Savior says, “Take heart for I have overcome the world.”