

Water of Life Community Church

LESSONS WE LEARNED FROM THE LOCKDOWN

WEEK 1

1 CORINTHIANS 6:12-20; GALATIANS 5:22-23

PARTICIPANT GUIDE

ICE BREAKER

PRAYER

WORSHIP

INTRODUCTION

Has anyone ever asked you to care for a prized possession for a short time? If so, you know this opportunity may not be as easy as it sounds. Obviously, you have to protect it from any threats of physical harm or danger. Sometimes, you also have to actively provide what it might need to thrive. If you're asked to care for a pet, you have to remember to feed it! If you're entrusted with a car for a lengthy amount of time, you'll need to drive it occasionally to keep it running smoothly. Depending on what it is you've been given, your care can encompass a lengthy list of things to do or not to do.

In a similar way, we've each been entrusted with a prized possession. God has given each of us the gift of physical life and resources to live that life. It's easy to take this for granted, but it isn't wise. God created us to bring Him glory. How well we care for our bodies and how we steward our resources is important.

DISCUSSION QUESTIONS

1. READ 1 CORINTHIANS 6:12-19.

- a. What does this passage teach us about the value God places on our bodies?
- b. How should we understand the phrase, "Your body is a temple of the Holy Spirit who is in you"?
- c. What do you find challenging about this truth? What do you find hopeful?
- d. What is the good news for all of us in this passage?
- e. How do we see the truth of the gospel confirmed in 18-20? What does it mean that our bodies are not our own?

2. READ 1 CORINTHIANS 6:20.

- a. What's your reaction to the truth found in verse 20, "you were bought at a price"?

- b. What are some choices we can make to serve God and glorify Him with our bodies?
- c. What habits or resources can you employ to help you obey the instruction in these verses?
- d. How do Paul's words in 1 Corinthians 6:12-20 also relate to stewardship, how we manage our money?

3. READ GALATIANS 5:22-23.

- a. What is the relationship between self-control and how you care for your body? How you steward your possessions?
- b. The items listed in this passage will be present in the lives of those who have been redeemed by God, and can be a test for the truth of their redemption. Where do you see self-control active in your life currently? Who do you know who can help honestly assess the amount of self-control in your life?

PRAYER/MINISTRY TIME

On a scale of 1 to 10, with 1 being “poor” and 10 being “excellent,” how well have you been caring for your body? Why?

Using the same scale, how would you rate your stewardship?

In order to honor God with your body and possessions, what do you need to start doing?

In what way can you remind yourself this week that you were bought at a price and are God's temple?

GOING DEEPER/WEEKLY CHALLENGE

REFLECT

- How have you normally handled taking care of your body and your finances in the past?

RESPOND

- Commit to one habit this week towards taking better care of your body and your finances.

Also ... Subscribe to our e-devotionals by texting “eDevotional” to 67076; or go to wolgroups.com and click on the eDevotional button for daily testimonies relating to this week's theme.

MEMORY VERSE

1 Corinthians 6:19-20, New Living Translation (NLT)

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.

NOTES