

Water of Life Community Church
WORSHIPPING YOUR KING
WEEK 3
PSALM 100:1-5

ICE BREAKERS

PRAYER

WORSHIP

INTRODUCTION

Because we live in a world broken by sin, all of us will encounter seasons of pain and difficulty. During those times, people often call into question God's goodness. However, Scripture tells us that despite the temporary sufferings and evils of this world, God is good, and He is working everything out for our good too. Despite the sufferings and evils of this world, God is worthy of our thanks of praise each and every day. In this week's study, we'll take a look at two more Hebrew words for praise, barak and tehillah. Barak means to give thanks and kneel and bless. Tehillah means to praise, acknowledging the Lord's deeds that are recognized and celebrated.

DISCUSSION QUESTIONS

1. READ PSALM 100:1-5.
 - a. What commands are given in these verses? How are they related?
 - b. According to these verses, what word better captures the nature of worship: duty or delight?
 - c. What happens when we confuse worship as an action of duty with an action of delight?
 - d. Why is it good to be reminded that God is God, and we are not? What practical difference will this truth make in your life tomorrow?
 - e. What is the heart posture of those who worship God?
 - f. Pastor pointed out that it's impossible for an ungrateful heart to worship. What do you have to be thankful for today?
 - g. Notice how the "gates" and the "courts" belong to God, but we get to come in. How does that fact relate to the "thanksgiving" and "praise" mentioned in the verse?
 - h. How does it make you feel to know that we can invite God into our midst through our songs of praise? Alternately, what do we miss out on when we do not tehillah?

i. What reasons does the psalmist give to praise God? Which reason most motivates you to praise Him?

2. READ PSALM 95:6 AND 72:11,15.

a. What do these verses teach us about God? About ourselves?

b. The word barak means to bless or praise, literally to kneel or invoke words of life to another. What does the act of kneeling demonstrate about who God is and who we are? In what sense should our praise always involve "kneeling", even when we don't physically bend a knee?

c. Do these verses indicate that kneeling is a posture of preference or a posture we should all take at times? Why does it matter?

d. We've been learning that worship refreshes and renews us. Can a posture like kneeling help you enter into God's presence to find refreshment and renewal? Explain.

PRAYER/MINISTRY TIME

If your life is tied to God's presence by worship and praise, then what do you need to do differently this week?

Read Ephesians 5:18-20. Does this passage describe us well? How can we more closely live out Paul's description of worship here?

GOING DEEPER / WEEKLY CHALLENGE

REFLECT

- How have worship and praise connected you to God's presence?

RESPOND

- Start your day with barak (kneeling and laying your crown at the feet of Jesus).
- End your day with tehillah (praising God for who He is and what He has done).

Also ... subscribe to our e-devotionals by texting "edevotional" to 67076; or go to wolgroups.com and click on the eDevotional button for daily testimonies relating to this week's theme.

MEMORY VERSE

Psalm 95:6

Come, let us bow down in worship, let us kneel before the Lord our Maker