

## SUSTAINING YOUR SOUL PART II

### “WAR OF THE MIND”

SPEAKER: MARCUS NUAIMI

2 CORINTHIANS 10:35 AND HEBREW 4:12

JUNE 27-28, 2020

#### INTRODUCTION

- Last week we talked about who/what sets the pace in your life?
- Are you being conformed or transformed?
- There’s a battle for your life and it starts in your mind.
- The battle is between God’s truth about you and Satan’s lies to you.
- What is the source of your thoughts?
- Who has authority in your mind?
- 2 Corinthians 10:3-5, “...The weapons we fight with are not the weapons of the world...they have divine power to demolish strongholds. We demolish arguments and every pretention that sets itself up against the knowledge of God, we take captive every thought to make it obedient to Christ.”
- Are you in control of your thoughts, or are they in control of you?

#### I. TAKING CONTROL OF YOUR THOUGHTS

- 2 Corinthians 10:3-5, “...taking captive, (something conquered or captive, a prisoner) every thought...”
- We often feel like we are not in control of our thoughts, but we have the authority.
- When we take a thought captive it means to take control of it.
- The enemy loves to make you believe that you are powerless against your thoughts.

#### II. SIX STRATEGIES TO WIN THE BATTLE:

1. Don’t believe everything you think.
  - Jeremiah 17:9, “The human heart is the most deceitful of all things, and desperately wicked.”
2. Guard your mind.
  - Philippians 4:8-9, “Whatever is pure, lovely, admirable, praiseworthy, think about these things.”
3. Be a lifelong learner.
  - Learn from Jesus.
4. Build convictions.
  - Truth based convictions.
5. Alter your view.
  - So often our thoughts are a product of a faulty perspective.

#### III. ALL ABOUT AUTHORITY OF CHRIST

- Jesus’ authority is found in the Word of God and the work of the Spirit.
- You identify source of thoughts by the Word of God - Hebrews 4:12
- Guard yourself against the attacks of the enemy - Ephesians 6
- Invite the Holy Spirit to cleanse you of lies.
- Who has authority over your mind, thoughts, and emotions?

#### IV. CALL TO ACTION

- Is Jesus the authority of your mind/life/soul?
- The roots of so many of our thoughts/actions aren’t driven by the Word of God and work of the Spirit.
- Today is the day to begin taking your thoughts captive, to submit them under the rightful authority.